

What falls in winter
but never gets hurt?



Snow!!



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Community Living Manitoulin

WINTER 2020

My Voice, My Life—Autism, Life & Dreams

Look at me.
Go ahead, take a good look.
What do you see?
Weird? Silly? Pitiful? Can't do anything?
You might feel sorry for me
You might pity me
You probably think I should be treated like a child.
I've heard and seen this before.
"Can she understand me?"
"Does she know what is going on?"
"How can she make choices?"
I understand your confusion
But it is time for me to come out.
Let's just make something clear
I am autistic,
I am disabled,
I have many special needs,
I look different;
I need help eating, walking, moving around.
I do not need help
Thinking.
That's what you do not see.
Look at me again.
What makes you think I don't have an independent mind?
Have you tried to get to know me?
I have dreams, wishes, opinions.
I also have a disability
That prevents me to communicate like most people.
I have other disabilities that make me physically dependent on others.
That's who I am
That's who you might have to deal with.
Imagine how it would be
If you were discriminated against
Without a chance to show your inner self,
Without a chance to speak up.

That was my life for a long time
It hurt then.
The discrimination still goes on
It hurts now.
But I decided that I have more to say
Then you might want to listen.
I will make the best use of all my rights
As a human being.
I have a voice
It is MY voice
I now reach out to you.
If you want to enrich your life.
If you believe you can see beyond what
other people tell you to see,
Come and meet me.
It will require patience
Because my way of processing
Feelings, thoughts, words, emotions
Is different.
But they still are
Feelings, thoughts, emotions and words.
I promise to be patient with you too
Because your way of communicating
Is also very strange to me.
I might even think it is weird.
I am growing as a person
I fight hard to make a difference.
It is now your turn
Are you ready to grow as a person?
Are you ready to look at me
And see beyond the "normal"?
What is "normal" anyways?
Let's try to understand each other's languages
Try to learn what is so clear
There is no "normal"
There is Diversity
And that's why we are so unique.

by Amy Sequenzia

Harvest Ball 2019

CLM individuals and staff celebrated with lots of dancing to live music provided by Double Barrel band.

A lovely smorgasbord was provided for snacking throughout the evening.

Fun was had by all!!

Thank you to the community for volunteering and coming out to help us celebrate.

See you all in 2020 for another Harvest Ball.



Linda Mc.
Dressed in
her finest.



The band Double Barrel



Managers Leanne H. &
Wendy F.



Canadian Association of Community Living—Excerpt- Inclusion

Inclusive communities are ones where persons with intellectual disabilities have access to affordable housing, employment, recreation and leisure opportunities and community participation on an equal basis with others. Inclusive communities are ones where persons with intellectual disabilities are safe; no longer targets of violence and abuse, bullying or ridicule. Inclusive communities are those where all children with intellectual disabilities are included and supported in the common learning environments of their neighborhood schools. Inclusive communities are those where persons with intellectual disabilities have access, on an equal basis as others, to post-secondary education and training, employment, recreational activities, housing and community participation. Inclusive communities are those where securing the needed supports to live within community does not jeopardize one's future economic security or that of your family. Canada has the capacity to create and sustain inclusive communities. As a country we have the capacity to create communities in which all citizens can feel welcome and secure — communities in which all citizens enjoy the same rights and have full access to exercising those rights without undue burden or imposed barriers. We have the capacity to create and sustain communities in which all citizens, regardless of labels or perceived differences, can feel a sense of true belonging. These are communities in which we all want to live. These are communities however that do not occur without effort. Creating inclusive communities requires leadership and action — from our governments, our communities and its citizens. Governments at all levels must acknowledge their obligations to take necessary measures to ensure full enjoyment by persons with disabilities of all human rights and fundamental freedoms on an equal basis with others. This concept, fundamentally entrenched in so many of our human rights documents must become real for people. These are rights, guaranteed — not promised. Our communities must ensure that no citizen, by intention or accident, by policy or practice, is excluded from full participation in all aspects of community life.

For the full article, please visit ...

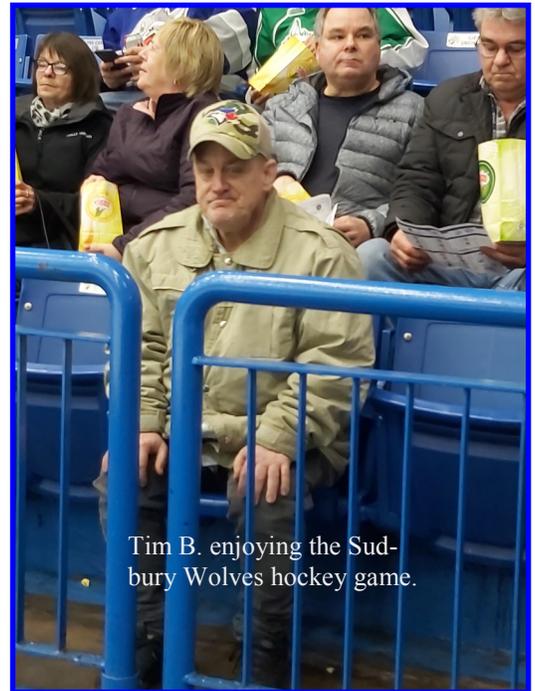
https://cacl.ca/wp-content/uploads/2018/05/Report-Card-2011-ENG_0.pdf



Sudbury Wolves Hockey



Tim B. & Elizabeth M. with supporting staff Lisa D. and Michelle L.



Tim B. enjoying the Sudbury Wolves hockey game.



Elizabeth M. cheering on the Sudbury Wolves.

Norm, Collette, Elizabeth and Melody ready to groove to Country Fest 2019.



PassportOne Program

In 2009, The Ministry of Community and Social Services (MCSS) introduced an innovative program to strengthen community support for adults with a developmental disabilities. The Passport Program provides opportunities for individuals who have a developmental disability to find more ways to participate in their communities. Young adults who have left school and would benefit from community participation support, or are waiting for day support services and are not eligible for ODSP Employment Support may qualify to receive this funding.

Passport helps to:

- Improve the quality of participation in the community by providing support that focuses on individual goals, work activities and community participation
- Promote independence
- Foster social, emotional and community participation skills
- Promise continuing education and personal development

Participants in Passport can live independently or in supportive living. Individuals and their families have the option of receiving this funding directly and making their own arrangements to purchase Community Participation Supports or choosing to access services through community-based agencies.

What are Community Participation Supports?

- Activities to enable participation in further education
- Employment preparation
- Work activities
- Volunteer activities
- Daily living activities that enhance social skills, independent living and leisure
- Activities that develop skills in utilizing community resources such as transportation services, shopping, libraries, and recreational opportunities
- Day support programs

Why choose Community Living Manitoulin Passport Services?

At Community Living Manitoulin, the support provided is determined by the needs of the individual's level of functioning, their wishes and the expectations of the family. Through our Community Participation Supports, we offer wellness and fitness, literacy and numeracy, house life skills and vocational training as well as social interaction with peers and community-based activities. We are confident that these supports will encourage Passport Initiative participants to achieve their potential.

For further information, guidelines and application forms, please visit the MCSS web link listed below or contact Wendy Friesen, Passport Coordinator for Community Living Manitoulin, at 705-377-6699 ext. 201 or email at wfriesen@clmanitoulin.com

<http://www.mcss.gov.on.ca>

CLM and The Strategic Plan

Almost a year has transpired since Community Living Manitoulin and its stakeholders instituted the Strategic Plan in the Spring of 2019.

CLM's plan is strengthening our agency and setting us on a path to improved services for our individuals supported.



Message from the Chairperson of the Board of Directors

Wow, time flies when you are busy; throw Christmas into that mix and you know what I mean. I hope everyone had a great Christmas season.

The board has a new/returning board member, Melissa Peters. We welcome her to our board. We have been busy reviewing our procedures and working on our Strategic Plan to continually try to improve CLM.

Louise Laplante, our acting ED, is very busy working with the management team to tweak processes and to educate the team on some new ways of doing things that seem to work better for CLM. The management team has learned and taught some new things. They all work together to provide the board with comprehensive reporting that has made the board better informed and busy.

The board appreciates all the hard work in a changing and uncertain environment and couldn't be more proud to see the great teamwork from the management team and the acting ED. Go Team!

The Board wishes everyone a great 2020 and the best of health and happiness all year. - Pamela Lambert, Board Chairperson

CLM Birthdays

January



Anna B.
John H. Aaron N.
Brock

February



George F. Jamie P.
Mary Beth T. Clarissa M.
Bradley H. Elizabeth M.
Arthur H.



March



Peter D.
Curtis E. Ted G.
Mary Claire H. Collette B.

April



Gloria B. Elizabeth F.
Shirley C.
Richelle K.

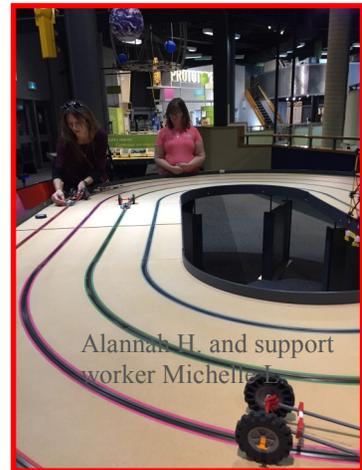
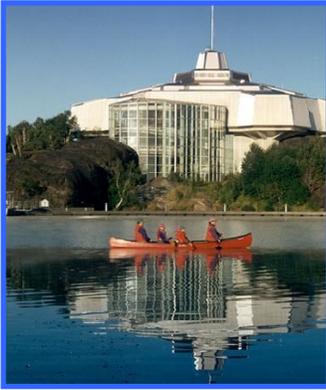
No Bake Chocolate Haystacks with Coconut

- 2 ¾ cups rolled oats
- 1 cup shredded coconut
- 5 tablespoons unsweetened cocoa powder
- 2 cups white sugar
- ½ cup butter
- ½ cup milk
- 1 teaspoon vanilla

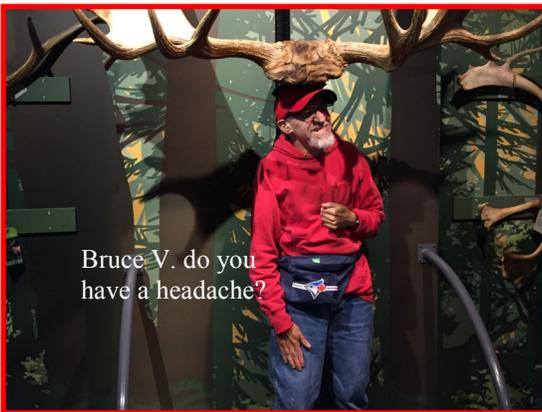
In a large bowl, combine rolled oats, coconut and cocoa powder. Set aside. In a saucepan, combine sugar, butter and milk. Bring to a boil over medium heat. Let boil for 2 minutes and no longer. Remove from heat and stir in vanilla. Pour oat mixture into the hot butter mixture and stir until well mixed. Drop by spoonful onto a pan lined with parchment paper and let cool completely. Enjoy!!



A trip to Science North in Sudbury



Alannah H. and support worker Michelle L.



Bruce V. do you have a headache?



Collette B. is that you?



Look out—who is driving!



Cassie M. you have something on your head!!

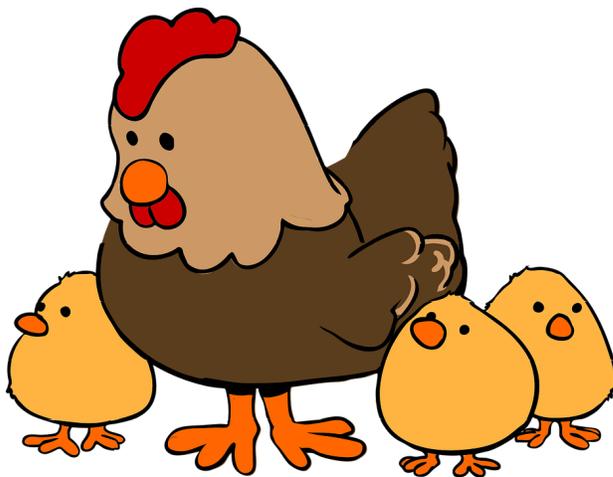
Community Participation



Alanna H. and baby chick at support worker's home farm.



Bruce V. cradling a baby chick at support worker's home farm.



Santa Claus Parade



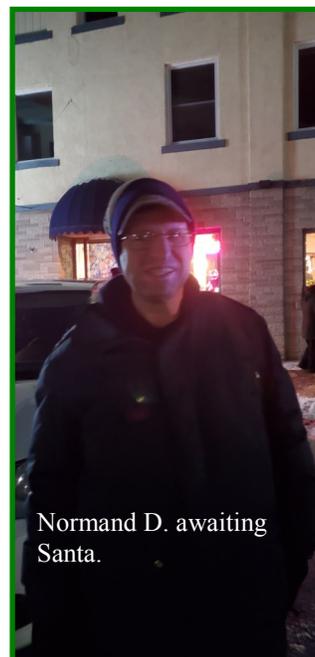
Big smile Arthur H.



Whatcha lookin' at Bruce V.?



A very happy Collette B.



Normand D. awaiting Santa.



Dan G.



Dan came to reside in Mindemoya in May 20, 2013. The community really appreciates the hard work he does like shovelling and grass cutting, and cleaning up the bottles thrown in the ditches. It is a familiar sight to see Dan walking with his beloved dog Red or riding his bike with the oversized tires. Keep smiling Dan!



Community Living Manitoulin is an incorporated non-profit agency offering residential, vocational, and community services to adults with developmental disabilities.

Community Living Manitoulin currently operates 4 group homes, a Supported Independent Living program, a Host Family Home, a Employment Supports program, and a Community Hub.

Community Living Manitoulin serves over 60 individuals with developmental disabilities across Manitoulin Island and employs close to 50 staff. We are led by a volunteer Board of Directors that works with the Executive Director and the Management Team to ensure the individuals we serve attain their goals of independence and inclusion within their communities.



Community Living Manitoulin
6266 Hwy 542
P. O. Box 152
Mindemoya, Ontario P0P 1S0

Main number 705-377-6699
Fax number 705-377-7175

Management	Extension	email Address
Interim Executive Director	204	executivedirector@clmanitoulin.com
Operations Manager	200	mwickett@clmanitoulin.com
Financial Administrator	202	lhayward@clmanitoulin.com
Program Manager	203	bcloss@clmanitoulin.com
Manager of Programs/ Coordinator of Care	201	wfriesen@clmanitoulin.com

Inspiring Possibilities

Interim Executive Director — Louise Laplante

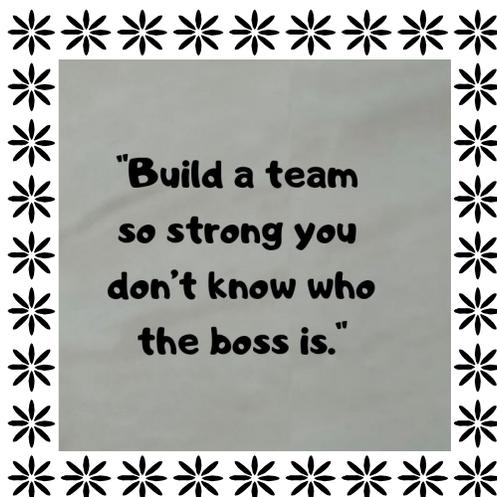
It's been a very busy time for myself and the CLM management team over the past few months. We are working with the Board of Directors to fulfill CLM's Strategic Plan objectives and to create new initiatives to enhance the lives of people supported by CLM.

Since September 2019, I have had the opportunity to tour CLM's program sites where I was warmly welcomed by staff members and supported individuals alike. I took the opportunity during these visits to conduct a visible assessment of the needs of each program. I have presented my observations to the Board of Directors as the base for developing an infrastructure plan to upgrade, repair and/or make changes that would add to the long term sustainability of CLM programs.

Change can elicit feelings of anxiety and unease but it also provides opportunity for renewal, growth and progress. Although there are still a few unknowns especially with regards to Ministry future direction for agencies, CLM is moving forward and will continue to meet challenges with positive action.

As Acting Executive Director my role includes providing oversight of CLM programs as well as leadership and direction to staff. These responsibilities have been easier to accomplish due to the experience and skill set of the management team and direct care staff.

Thank You!





**If you are a person looking to have the volunteer experience
Community Living Manitoulin is now in need of community-minded**

We are in need of volunteers to lead a craft, play music, and assist with

We need volunteers to take items to the local dump on occasion, if you could you please consider assisting ?

The Community Hub in Mindemoya would like to have a lending library assist.

Community Living Manitoulin is in need of volunteers to sit on the Board of Directors.

people.

fundraising.

are heading to the dump

and needs a volunteer to

Five great reasons to volunteer within our community are:

Develop new skills

Help a cause that lights you up

Meet new people

Connect with community

Expand your horizons

Contact Wendy Friesen, Manager of Community Services at 705-377-6699 ext. 201 or email at wfriesen@clmanitoulin.com

A volunteer gives freely of themselves and their time. CLM would like to extend our gratitude for all your hard work and help. You are always willing to be there for us whenever we need you. Great job! We appreciate your time and effort just to assist us.

Thank you!



For submissions to our next newsletter please contact Leanne Hayward, Financial Administrator at 705-377-6699 ext. 202 or email at lhayward@clmanitoulin.com